

FOODSERVICE DISTRIBUTORS & SEAFOOD SPECIALISTS ABN 61 672 394 464 5 Wattle St Mount Gambier, S.A. 5290

Phone (08) 8723 1533 sales@mgfoods.com.au www.mgfoods.com.au



Wount cambier foods





APRIL SPECIALS

Specials available from 31st March to 3rd May 2025 E.&O.E

SCALLOPS ROE ON 30/40 IQF



These are **BIG** Scallops Approx 35 per kg

1kg....\$34.40/bag

PULLED ROAST

CHICKEN BREAST

PINEAPPLE CUT SQUID STRIPS



1kg....\$11.20/bag

TIBALDI MIDDLE RASHER RINDLESS BACON



2.5kg...\$35.40/bag

21/25 COOKED PRAWN MEAT



Approx 50-55 prawns per kg
1kg...\$28.00/bag

PORTERHOUSE (STRIPLOIN) STEAK YG MSA GRAINFED



Approx.4.5kg.\$24.50/kg

APPLE JUICE

1kg....\$24.40/bag



2Lt....\$4.50/btl

TENNESSE BBQ PORK RIBS



Approx 1.6kg.\$19.50/kg

RIVERINA CANOLA OIL



100% Australian Grown & ProducedCertified Non-Genetically Modified

20Lt....\$65.40/tin





Only \$12.64/kg **2.5kg....\$31.60/bag**



1kg....\$15.30/bag



1kg....\$17.00/bag

Geggles

SKINLESS DICED
ROAST CHICKEN MEAT



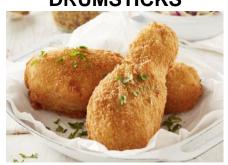
1kg....\$19.30/bag

CRUMBED BREAST CHICKEN ROYALE



10x130g...\$25.60/bag

#28 CRUMBED DRUMSTICKS



5kg....\$79.00/ctn

120gm CRUMBED BREAST FILLET



1.2kg...\$21.90/bag

** JUMBO ***
VEGIE SPRING ROLLS



16x140gm....\$19.50/pkt

Patties
PARTY SAUSAGE
ROLLS



6doz..\$64.20/ctn (+gst)

DEVIL DOG
(Battered Chilli Cheese Dogs)



40/ctn...\$86.30/ctn

SERUNK FISH COCKTAILS



"Premium Hand Cut Fish Portions"

1kg....\$17.50/bag

CRUMBED
SQUID RINGS
FORMED or GENUINE



1kg \$14.20/bag \$16.10/bag

PORTION CONTROL SLICED SCOTCH

FILLET
48 x Approx 100gm
Less than \$2.94 each

4.8kg....\$141.00/ctn

QUARTER POUNDER BEEF BURGERS



36x113gm....\$92.80/ctn

KOREAN FRIED CHICKEN WINGS



1kg....\$12.50/bag

ANGUS BEEF Chefs LASAGNE Chefs



3kg....\$29.30/tray(+gst)

MARATHON SPRING ROLLS



1doz....\$13.70/box

SINGLE SERVE FRIED RICE



Less than \$3.49 each **24x200gm...\$83.60/ctn**

FROZEN YOGHURT CUPS Mango Raspberry Strawberry Wildberry









36x200ml \$58.50/ctn(+gst)

EVEREST STRAWBERRY everest ICECREAM



10Lt....\$26.90/tub (+gst)



24x110ml **3** \$31.90/ctn(+gst)



\$30.20/ctn(+gst)



SMOOTH DORY FILLETS 115/175gm



5kg....\$85.20/ctn





Premium Oysters from the pristine waters of Tasmania
Plate Size

1doz....\$20.00/tray

TASMANIAN OYSTERS 12 doz BOX



Premium Oysters from the pristine waters of Tasmania Plate Size \$19.50/doz

12doz....\$234.00/ctn



CHILLI SQUID



1kg....\$22.30/bag

TEMPURA BATTERED BARRAMUNDI



30x145gm...\$131.40/ctn

CRUMBED SCALLOPS



1kg....\$31.10/bag

COUNTRY

BEER BATTERED MOZZARELLA STICKS



1kg....\$21.80/bag

CRISPY BEER
BATTERED FLATHEAD



3kg....\$69.10/ctn

PANKO CRUMBED SQUID RINGS



4kg....\$68.00/box

MYDIBEL 11mm CHIPS



2.5kg....\$10.10/bag

BEER BATTERED STEAKCUT CHIPS



2kg... \$10.80/bag

SEASONED WEDGES





2kg....\$11.50/bag







375gm....\$6.70/pkt





Premium Hand Cut Breast Schnitzels Only \$4.83 each

24x300gm..\$115.90/ctn



2 x Approx 500gm fillets per bag \$17.30/kg

CHUNKY AVOCADO PUREE



475gm...\$9.00/tub

CHUNKY AVOCADO PUREE



1kg...\$18.90/tub

SMOOTH AVOCADO PUREE



1kg...\$17.90/tub





2kg....\$9.70/bag

PITA POCKETS



4x105gm....\$3.60/pack

6" FLOUR TORTILLAS



1doz....\$3.10/bag

SPEEDIBAKE





Less than \$1.36 per roll **48x85gm...\$65.10/ctn**

POTATO BUNS
Vegan Friendly



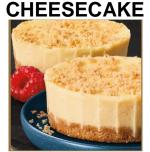
Less than \$1.31 per roll **48x85gm....\$62.60/ctn**

BRIOCHE SLIDER BUNS



Less than .68¢ each **144x30gm....\$97.70/ctn**

NEW YORK BAKED



8x80gm \$29.90/tray(+gst)

Edgell **BROCCOLI**



1.5kg....\$14.60/bag

SALTED CARAMEL **CHEESECAKE**



8x95gm \$29.90/tray(+gst)

Edgell

BRUSSEL SPROUTS



2kg....\$12.40/bag

Sara Lee STICKY DATE **PUDDING**



8x90gm \$25.80/tray(+gst)

Edgell

DICED MIXED VEGETABLES



2kg....\$9.30/bag

MAPLE FLAVOURED SYRUP



3Lt...\$21.30/btl

Heinz

CARAMEL CHOCOLATE **STRAWBERRY VANILLA**

*Pumps also available to purchase @ \$9.10+gst









3lt...\$14.80/btl

COTTEES TOPPINGS

CAESAR DRESSING



2.5Lt....\$26.60/jar

ZoÖSh **PREMIUM MAYONNAISE**



2.65kg...\$19.30/jar

GREEK STYLE YOGHURT



1kg...\$8.00/tub

chilled

REAL "FATTY" DICED BACON PIECES



2kg....\$25.50/bag



SLICED PROSCUITTO

500gm....\$25.20/bag



SLICED VIRGINIAN

1kg....\$15.60/bag



DONS STRASBURG



2kg....\$30.00/roll





Approx. 100 per bag **2.5kg....\$24.50/bag**

SHREDDED MOZZARELLA



6kg....\$86.70/bag

Anchor. WHIPPED CREAM



400gm....\$9.20/tin

⚠ Lemnos HALOUMI CHEESE



2kg....\$43.10/tub

AUSTRALIAN GOLD
CAMEMBERT



115gm...\$4.80/pkt

SWISS CHEESE SLICES



1kg....\$32.10/pkt

CULINARY CREAM (COOKING)



WHIPPING CREAM (THICKENING)



bantr

TOP N FILL CARAMEL



395gm....\$4.90/tin

Nestle **SWEETENED** CONDENSED MILK



395gm....\$4.30/tin

Nestle **SNOWCAP WHITE** CHOCOLATE **BUTTONS**



5kg....\$71.40/ctn

WINDSOR FARM **BISCUIT CRUMB**



15kg...\$78.60/ctn(+gst)

RICH BROWN GRAVY (Gluten Free)



8kg....\$106.00/bkt





1.9kg...\$32.60/tin

Riviana **CORN KERNELS** IN BRINE



Perfect for cold salads 425gm....\$2.00/tin

SANREMO

PATAKS PASTE RANGE





1.15kg



1.05kg All one price....\$27.80/jar each



1.05kg



1.15kg

Vindaloo

VINDALOO

1.05kg

SAN REMO PASTA RANGE



#1 Linguine #5 Spaghetti

#12 Fettuccine

#16 Spirals

#18 Penne

#23 Bowtie - New to us

#29 Large Shells

#35 Elbows

#53 Large Spirals

#55 Spirali

5kg....\$15.00/bag

SPRING GULLY **SWEET SPICED**



12kg....\$92.60/tub

pantry

WHITE PANKO **BREAD CRUMBS**



10kg...\$51.50/bag

Mods

ONION MARMALADE (RELISH)



2.4kg....\$57.70/tub

SPICY TOMATO RELISH



2.4kg....\$32.40/tub

M'KENZIE'S **CHILLI POWDER**



STRONG RE-SEALABLE BAG 1kg....\$15.60/bag

TRUMPS **CHIVE FLAKES**



STRONG RE-SEALABLE BAG 250g....\$8.80/bag

GROUND CINNAMON



STRONG RE-SEALABLE BAG 1kg...\$16.80/bag

TRUMPS **CINNAMON STICKS**



200gm...\$26.80/jar

TRUMPS WHOLE CLOVES



350gm...\$23.30/jar

TRUMPS **GROUND CORIANDER**



STRONG RE-SEALABLE BAG 750gm....\$9.80/bag

TRUMPS **ORGANIC** WHITE QUINOA



STRONG RE-SEALABLE BAG 1kg....\$10.40/bag

TRUMPS **TRI-COLOUR QUINOA**



STRONG RE-SEALABLE BAG 1kg....\$10.70/bag

TRUMPS **BLACK QUINOA**



STRONG RE-SEALABLE BAG 1kg....\$13.40/bag

pantry



1Lt....\$13.60/pkt

CHEESE FILLED BELL PEPPERS



1.7kg....\$40.10/jar

EXTRA VIRGIN OLIVE OIL



4Lt...\$79.20/tin

GLUTEN FREE PLAIN FLOUR



10kg....\$78.40/bag

GLUTEN FREE SELF RAISING FLOUR



10kg....\$78.40/bag

CANOLA SPRAY RELEASE



450gm....\$4.80/can

DICED APPLES



2.7kg....\$11.10/tin

SLICED APPLES



2.7kg...\$11.10/tin

APRICOT HALVES



3kg....\$11.30/tin



SLICED PEACHES



3kg....\$11.20/tin

M'KENZIE'S

SLICED PEARS



3kg...\$9.60/tin

Goodness me, it's PIZZA & PASTA SAUCE



3.05kg....\$14.80/tin

WHITE WINGS **DONUT MIX**



20kg....\$182.60/bag

TRUMPS **DRIED SWEETENED CRANBERRIES**



1kg....\$15.10/bag



320gm....\$36.00/tube

TRUMPS **PISTACHIO NUT KERNELS**



1kg....\$43.80/bag

TRUMPS **WALNUT HALVES & PIECES**



1kg....\$18.20/bag

TRUMPS **ALMOND MEAL BLANCHED**



STRONG RE-SEALABLE BAG 1kg....\$20.30/bag

MasterFoods **BURGER SAUCE**



2.2kg....\$30.70/btl

MasterFoods **ALL PURPOSE SEASONING**



950gm....\$19.40/jar

MasterFoods **BBQ SEASONING**







755gm....\$20.80/jar

MasterFoods **CAJUN SEASONING**



Master Foods **TACO SEASONING**



MasterFoods **TUSCAN SEASONING**



670gm....\$21.60/jar

pantry

SLICED DILL PICKLED CUCUMBERS



2.9kg....\$14.40/tin

WHOLE PICKLED POLSKIE OGORKI CUCUMBERS

Riviana



3kg....\$13.30/tin

WHOLE PEELED TOMATOES



2.5kg....\$10.30/tin

CRUSHED GINGER

SAXA

COOKING SALT



10kg....\$15.90/bag

WHOLE BLACK PEPPER



STRONG RE-SEALABLE BAG
1kg....\$27.40/bag

1kg....\$6.30/tub

MPM Marketing Services

HEAVY DUTY WIPES



85 wipes 530 x 300mm \$13.90/roll (+gst) MPM Marketing Services

ALL PURPOSE

WIPES



20 Wipes 600 x 450mm **\$6.80/pkt (+gst)**

CHICKEN BOOSTER



8kg....\$103.80/tub

BALSAMIC VINEGAR



5Lt....\$27.30/btl

LONG GRAIN RICE



Traditional White Rice 10kg....\$24.60/bag

VINEGAR CHICKEN SALT



1kg....\$11.20/bag